

## **BPH PATHWAY**

We will give you a custom treatment plan that meets exceptions and improves your quality of life. YOU DON'T HAVE TO LIVE WITH BPH.

Focused Evaluation	UroCuff The UroCuff Test provides your urologist with information about your bladder function to better understand the causes of your symptoms.	n A cystoscopy is a diagnostic prostate exam performed by your urologist in their office to determine the cause of your symptoms and best treatment options.	<b>Prostate Ultrasound</b> A prostate ultrasound is a quick and very precise method to determine prostate volume measurement, which is important in choosing the correct procedure.
2 Conservative Management or Behavior Modifications	<b>Diet</b> Information for a healthy prostate diet	Lifestyle Specialized behavioral changes and sugges- tions to decrease symptoms	
Prostate Specific Medications	Alpha Blockers Medications designed to relax the smooth muscle in the prostate and bladder neck to allow urine to flow better		
Procedures based on your prostate, symptoms, and expectations	UroLift® Rezum® iTind™	TURP   GreenLight™ Transurethral Resection of Prostate Optilume®	PAE Aquablation® Prostatic Artery Embolization Prostatector